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## **\*\*MEDIA ADVISORY\*\***

### **The NSCD to Host 4<sup>th</sup> Annual Paralympic Experience for Military Veterans with Disabilities at Snow Mountain Ranch – YMCA of the Rockies**

- WHO:** The [National Sports Center for the Disabled \(NSCD\)](#) will host more than 50 Colorado veteran recreational athletes from the VA Eastern Colorado Health Care System at Metro State University at the **4<sup>th</sup> Annual NSCD Paralympic Experience for Veterans**. The event is funded by the Veteran Affairs through a grant.
- WHAT:** The special day-long event includes five sports: cross-country skiing, Nordic biathlon, curling, sled hockey and snowshoeing (not a Paralympic sport). The NSCD developed this event to engage military veterans to continue sports and recreation as part of their lifestyle, in addition to rehabilitation and recovery. This event is a multi-organization collaboration – special thanks goes out to Snow Mountain Ranch – YMCA of the Rockies, and Colorado Adaptive Sports Foundation for helping make this event come to fruition.
- WHEN:** **Tuesday, February 2, 2016 from 10 a.m. to 2 p.m.**
- WHERE:** Snow Mountain Ranch – YMCA of the Rockies Nordic Center  
1101 County Road 53  
Granby, CO 80446
- WHY:** The winter program for Veterans is structured to promote self-esteem, pride, and a sense of accomplishment for all attending service men and women as they expand their independence skills from their caregivers and overcome challenges once thought insurmountable. “We want to grow our opportunities for veterans to try Paralympic sports,” said Becky Zimmermann, president and CEO of the NSCD. “We have several successful veterans in our competition and recreational programs from alpine and snowboard to cross-country and Nordic biathlon.” To learn more about NSCD and how to donate, visit [www.nscd.org](http://www.nscd.org).

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